

"Hole-some food  
made with LOVE"



www.bagelfactoryak.com

Voted Anchorage's #1 Choice for Bagels  
Home of the Original Alaskan Bagel!

Bagels made fresh daily  
Breakfast/Deli/Espresso

Orders To Go

Phone : # (907) 561-8871

Fax : # (907) 561-8825

Mon - Fri : 6:30am - 3:00pm

Sat : 7:00am - 3:00pm

Sun : Closed

## Daily Baked Bagel Flavors

### Traditional Bagel

: Pumpernickel, Multi Grain, Sourdough, Wheat, Plain

### Sweet Bagel

: Dutch Apple, Blueberry, Orange Cranberry, Pumpkin, Poppy Seed, Raisin Cinnamon, Raspberry

### Savory Bagel

: Asiago Cheese, Bacon Cheese, Cheddar Cheese, Jalapeno Cheese, Onion, Red Chili, Sesame, Spinach  
Parmesan, Sundried Tomatoes, The Works

## Good Morning Breakfast

Served until 2 P.M. Monday-Saturday

All Good Morning Breakfasts come with your choice of toasted bagel  
w/butter and roasted red potatoes.

<b>*B1) 3 Eggs Any Style</b> .....	<b>\$8.95</b>
<b>*B2) Ham, Bacon or Sausage Links with 3 Eggs</b> .....	<b>\$9.95</b>
<b>*B3) Eggs Benedict</b> .....	<b>\$9.95</b>
<i>2 Poached Eggs, Canadian Bacon, on your choice of Bagel, Hollandaise Sauce</i>	
<b>*B4) Midtown Benedict</b> .....	<b>\$10.95</b>
<i>2 Poached Eggs, Smoked Alaskan Salmon, your choice of Bagel, Hollandaise Sauce</i>	
<b>*B5) Spanish Tortilla</b> .....	<b>\$10.95</b>
<i>Open faced 3 Egg Omelet with Sausage, Ham, Tomatoes, Chives, Cheese, Housemade Spicy Salsa</i>	
<b>*B6) Chorizo Con Huevos</b> .....	<b>\$9.95</b>
<i>Spicy Mexican Sausage, Scrambled eggs</i>	
<b>*B7) Huevos Rancheros</b> .....	<b>\$9.95</b>
<i>Tortillas, 2 Eggs, Ranchero Sauce, Cheddar Cheese, Mozzarella Cheese</i>	
<b>B8) Belgian Waffle</b> .....	<b>\$6.95 w/Strawberries \$8.95</b>
<b>B9) Oatmeal</b> .....	<b>\$4.95 w/Raisins or Almonds \$5.95</b>

\*Adding cream cheese shmear on Bagel \$1.95

## Signature Omelets

All Omelets made with 3 Eggs, your choice of Toasted Bagel w/Butter and  
Roasted Red Potatoes.

<b>B10) Egg White Omelet</b> .....	<b>\$10.95</b>
<i>Fresh Mushrooms, Spinach, Avocado, Tomato, Onion, Cheese</i>	
<b>B11) Classic Ham &amp; Cheese Omelet</b> .....	<b>\$9.95</b>
<i>Diced Ham, Cheese</i>	
<b>B12) Spanish Omelet</b> .....	<b>\$10.95</b>
<i>Spicy Mexican Sausage, Ranchero Sauce, Cheese</i>	
<b>B13) Greek Omelet</b> .....	<b>\$9.95</b>
<i>Sausage, Feta Cheese, Spinach, Red Onion</i>	
<b>B14) Western Omelet</b> .....	<b>\$9.95</b>
<i>Diced Ham, Green Bell Peppers, Red Onion</i>	
<b>B15) Veggie Omelet</b> .....	<b>\$9.95</b>
<i>Fresh Mushrooms, Spinach, Tomato, Red Onion</i>	
<b>B16) Midtown Omelet</b> .....	<b>\$11.95</b>
<i>Bacon, Spinach, Avocado, Tomatoes, Cheese</i>	

\*Adding cream cheese shmear on Bagel \$1.95

## Bagel, Sweets, Chips

<b>Baker's Dozen</b> .....	<b>\$9.50</b>
<b>Half-Dozen</b> .....	<b>\$5.95</b>
<b>Single Bagel</b> .....	<b>\$1.50</b>
<b>Bagel Stick</b> .....	<b>\$ .95</b>
<b>Bagel Chips (10oz.)</b> .....	<b>\$5.95</b>
<b>Cinnamon Twist</b> .....	<b>\$2.50</b>
<b>Orange Cranberry Twist</b> .....	<b>\$2.50</b>

## Energy Meal

<b>*E1) Classic Egg Sandwich w/cheese</b> .....	<b>\$6.50</b>
<i>2 Eggs Scrambled, Cheese, on your choice of Bagel</i>	
<b>*E2) Egg Meat Sandwich w/cheese</b> .....	<b>\$7.50</b>
<i>2 Eggs, choice of Sausage, Ham or bacon, Cheese on your choice of Bagel</i>	
<b>*E3) Egg Whites, Veggie w/cheese</b> .....	<b>\$8.50</b>
<i>2 Egg Whites, Spinach, Mushrooms, Tomatoes on your choice of Bagel</i>	
<b>E4) Quiche of the Day</b> .....	<b>\$5.50</b>
<b>E5) Yogurt Parfait 16oz</b> .....	<b>\$6.50</b>
<i>Yogurt with Granola and Fresh Strawberries</i>	
<b>E6) Bowl Fresh Fruit</b> .....	<b>\$6.50</b>
<i>Seasonal Fruit</i>	

## Toasted Bagel w/Shmear

<b>Plain or Lite</b> .....	<b>\$3.50</b>
<b>Peanut Butter or Hummus</b> .....	<b>\$4.50</b>
<b>Veggie Or Berry</b> .....	<b>\$3.95</b>
<i>Walnut Raisin, Green Olive, Veggie, Chive, Jalapeno, Sun Dried Tomato, Blueberry, Strawberry, Raspberry</i>	
<b>*Lox (Smoked Alaska Salmon)</b> .....	<b>\$4.50</b>
<b>H.A.R.V. (Honey, Almond, Raisin &amp; Vanilla)</b> .....	<b>\$4.50</b>
<b>Butter or Jelly</b> .....	<b>\$3.50</b>
<b>Cream Cheese w/Fresh Strawberry</b> .....	<b>\$6.50</b>

## Espresso / Beverages

<b>Hot Chocolate</b> .....	<b>S/\$2.50</b>	<b>L/\$3.00</b>
<b>Coffee</b> .....	<b>S/\$2.00</b>	<b>L/\$2.50</b>
<b>Hot Tea</b> .....	<b>S/\$2.00</b>	<b>L/\$2.50</b>
<b>Americano</b> .....	<b>\$2.75</b>	
<b>Latte</b> .....	<b>\$4.25</b>	
<b>Mocha</b> .....	<b>\$4.25</b>	
<b>White Chocolate Mocha</b> .....	<b>\$4.75</b>	
<b>Breve</b> .....	<b>\$4.75</b>	
<b>Cappuccino</b> .....	<b>\$4.25</b>	
<b>Chai Tea</b> .....	<b>\$3.50</b>	
<b>Steamers</b> .....	<b>\$3.00</b>	
<b>Milk</b> .....	<b>\$3.00</b>	
<b>Juice (Apple or Orange)</b> .....	<b>\$3.00</b>	
<b>Smoothie (3-Berries, Mango, Strawberry)</b> .....	<b>\$4.95</b>	
<b>Ice Tea</b> .....	<b>\$2.50</b>	
<b>Fountain Drinks</b> .....	<b>\$2.50</b>	
<b>Lemonade</b> .....	<b>\$2.50</b>	
<b>Italian Sodas</b> .....	<b>\$3.75</b>	
<b>Iced Latte</b> .....	<b>\$3.95</b>	

\*consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of foodborne illness





## Signature Melts

All melts come open faced with your choice of bagel, a slice of dill pickle and baked bagel chips

- S1) Roast Smoked Turkey Avocado Swiss Melt** ..... \$9.50  
*Turkey, Avocado, Swiss Cheese*
- S2) Ham or Pastrami Avocado Swiss Melt** ..... \$9.50  
*Ham or Pastrami, Avocado, Swiss Cheese*
- S3) Tuna Cheddar Melt** ..... \$9.50  
*White Tuna, Sliced Tomato, Cheddar Cheese*
- S4) Bagel Reuben Swiss Melt** ..... \$9.50  
*Pastrami, Sauerkraut, Swiss Cheese*
- S5) Roast Turkey Jalapeno Melt** ..... \$9.50  
*Roast Turkey, Avocado, Red Onion, Sliced Jalapeno, Swiss Cheese*
- S6) Baked Chicken Cheddar Melt** ..... \$9.50  
*Baked Chicken, Bacon, Tomatoes, Red Onion, Cheddar cheese*
- S7) Roast Beef Pepper Jack Melt** ..... \$9.50  
*Roast Beef, Mushrooms, Red Onion, Pepper Jack Cheese*
- S8) Pizza Bagel** ..... \$9.50  
*Pepperoni, Tomatoes, Black Olives, Mozzarella Cheese*
- S9) Cheese Melt** ..... \$8.50  
*Tomatoes, Red Onions, Cheddar Cheese*

\*Add our house made Ranchoro Sauce \$1.50

## Classic Deli Sandwiches

All Deli Sandwiches come with your choice of bagel, and include a slice of dill pickle and baked bagel chips.

- S10) Bagel Club** ..... \$9.00  
*Turkey, Bacon, Cheddar Cheese, Tomatoes, Lettuce, Cream Cheese Shmear*
- S11) Veg-Out on Sesame Bagel** ..... \$9.00  
*Avocado, Tomatoes, English Cucumber, Alfalfa Sprouts, Red Onion, Lite Cream Cheese Shmear*
- \*S12) Alaskan Lox** ..... \$11.25  
*Open Faced, w/ Smoked Alaskan Salmon, Capers, Red Onion, Tomatoes, Cream Cheese Shmear*
- S13) North Pole Combo** ..... \$9.00  
*Roast Beef, Ham, Lettuce, Tomatoes, Red Onion, Cream Cheese Shmear*
- S14) B.L.T.** ..... \$9.00  
*Bacon, Lettuce, Tomato, Cream Cheese Shmear*
- S15) Chicken Salad** ..... \$9.00  
*Gourmet Chicken Salad, Lettuce, Red Onion, Cream Cheese Smear*
- S16) Pastrami & Turkey** ..... \$9.00  
*Pastrami & Turkey, Lettuce, Tomato, Red Onion, Jalapeno Cream Cheese Shmear*
- S17) Roast Turkey on Asiago Bagel** ..... \$9.00  
*Roast Turkey, English Cucumber, Alfalfa Sprouts, Chive Cream Cheese Shmear*

\*\*Add our house made Ranchoro Sauce \$1.50

## Salads

Served with our very own "Bagel Stick"

- S18) Chicken Walnut Salad** ..... half/ \$6.95 \$9.50  
*Baked Chicken Breast, Fresh Grapes, Walnuts, Celery, Basil Dressing*
- S19) Asian Chicken Salad** ..... \$9.50  
*Baked Chicken, Romaine, Purple Cabbage, Carrots, Oranges, Crispy Rice Noodles, Sesame Ginger Dressing*
- S20) Chicken Caesar Salad** ..... half/ \$6.95 \$9.50  
*Baked Chicken, Romaine, Bagel Croutons, Parmesan Cheese, Caesar Dressing*
- S21) Spinach Salad** ..... \$9.50  
*Spinach, Romaine, Strawberries, Almonds, Feta Cheese, Crispy Bacon, Raspberry Dressing*
- S22) Chef Salad** ..... half/\$6.95 \$9.50  
*Romaine, Purple Cabbage, Carrot, Ham, Turkey, Cheese, Choice of Dressing*
- S23) Garden Salad** ..... \$5.50  
*Mixed greens, Sliced Tomatoes, Cheese, your Choice of Dressing*

## Soup

All soups served with a bagel stick

- Soup of the Day** ..... Cup/\$4.95 Bowl/\$5.95
- Soup & Salad** ..... Cup/\$8.50
- Quiche, Salad or Cup of Soup** ..... \$8.50

## Side Orders

- Tomatoes or Avocado (2 slices)** ..... \$2.50
- \*Lox (2 slices)** ..... \$5.00
- Bacon (4 slices), Sausages (4 links) or Ham (4oz.)** ..... \$4.50
- Plain or Lite Cream Cheese (2oz.)** ..... \$2.50
- Fruit or Vegetable Flavored Cream Cheese** ..... \$3.00
- H.A.R.V. (2oz.)** ..... \$3.00
- \*Lox Cream Cheese (2oz.)** ..... \$3.00
- Assorted Cheese Slice (2 slices)** ..... \$2.50
- Roast Red Potatoes** ..... \$2.50

## History on Bagels

A theory on their origin ascribes their creation to a Viennese baker who wanted to honor the king of Poland, Jan Sobietzky. In 1683 the king saved Austria from an invasion by the Turks. As the story goes, the baker shaped bread dough into a stirrup shape to celebrate Sobietzky's skill as a horseman. The Austrian word for stirrup is "Beugel."

## Tips for Storing Bagels

Fresh yeast breads have a limited shelf life when exposed to air. For ideal bagel enjoyment, use a storage method that is based on when you will be eating your bagels.

**For bagels that will be eaten in the next 24 hours:** Keep bagels in a sealed plastic bag.

**For bagels that will be eaten later:** Slice them in half and freeze them in a freezer storage bag.

When you have a yen for a bagel, reheat the two halves in your toaster.

For a softer crust, use your microwave at low power for one minute.

(Results may vary based on microwave oven.)